

# Infant Feeding Instructions

**MONTHS REQUIRED:** \_\_\_\_\_

*The Child Care and Early Years Act*, 137/15, Section 72, states that each child under one (1) year old is fed in accordance with written instructions from a parent of the child.

This form must be completed every three (3) months or more often when new foods are introduced in order to provide clear feeding instructions for your Provider.

All infant food supplied by the parent must be labeled with the child's name or placed in a labeled bag.

\*For safety reasons your Provider cannot give your child a bottle to drink in bed.

**Please complete:**

<b>Child's Name:</b> _____		<b>Date Completed:</b> _____	
<b>FOOD / DRINKS</b>	<b>TYPE</b>	<b>AMOUNT</b>	<b>TIME TO BE OFFERED</b>
<b>MILK* / FORMULA*</b>			
<b>JUICE* / WATER*</b>			
<b>CEREAL</b>			
<b>FRUITS / VEGETABLES</b>			
<b>MEAT / MEAT ALTERNATIVES</b>			
<b>OTHER</b>			

Please add any other special instructions regarding your child's diet, e.g., newly discovered food allergies and /or sensitivities:

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
Parent / Guardian Signature

\_\_\_\_\_  
Date

