

## Special Diet Feeding Instructions

**The Child Care and Early Years Act**, Reg. 137/15, Section 72(1), states that a child requiring a special diet is fed in accordance with written instructions from a parent/guardian of the child. Completion of this form will provide clear feeding instruction for your Provider.

All food supplied by the parent must be labeled with the child's name or placed in a labeled bag.

**Please complete:**

Child's Name: _____		Date Completed: _____	
FOOD / DRINKS	TYPE	AMOUNT	TIME TO BE OFFERED
MILK			
JUICE / WATER			
CEREAL			
FRUITS / VEGETABLES			
MEAT / MEAT ALTERNATIVES			
OTHER			

Please add any other special instructions regarding your child's diet, i.e., newly discovered food allergies and /or sensitivities:

\_\_\_\_\_  
(Parent / Guardian Signature)

\_\_\_\_\_  
(Date)